

AT-A-GLANCE: CURRENT REGIONAL INVESTMENTS

Nutrition and Physical Activity

This strategy provides health education to young children and their families to support their ability to achieve and maintain a healthy weight and lifestyle. Additionally, this strategy provides resources and education to early care and education professionals on how to incorporate physical activity and healthy eating into their programs. Here are the First Things First regions funding this strategy.

Food Security

Navajo Nation	\$ 250,000
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Nutrition/Obesity/Physical Activity

Colorado River Indian Tribes	\$ 62,822
Navajo Nation	\$ 202,500
San Carlos Apache	\$ 100,000
Southwest Maricopa	\$ 100,000